

Resources I have found useful

MUSIC:

The Steamtrain	International Bushdance with Arneke Cook
Pure Peace – Source to Sea & By the shore	New World Music Ltd.
Adagio – Music for T'ai Chi	Peter Davidson

BOOKS:

Helping Skills	Adelaide South Teacher and Student Support Services
Teaching for Effective Learning	Julia Aitken
Program Achieve	ASG
Mind your Mind	ASG
100 ways to enhance self concept in the classroom	J.Canfield H.Wells
Coolness Under Pressure	CAMHS
The Coach Managing for success	Ric Charlseworth
The way of Qigong	Kenneth S. Cohen
No Fear Program	Curriculum and Gender Equity . Commonwealth DEET
SACSA Companion Document R-10 Health & P.E.	DECS
School Discipline Policy and Guidelines	DETE
In Ya Face (Video)	DETE
Improving Boys Education a manual for schools	R. Fletcher Uni of Newcastle
Hands Off	C.Forsey
From Surviving to Thriving	A.Fuller
Stop Think Do Social Skills Manual	A.Gannoni L.Peterson
Bullyproofing	C.Garity K.Jens W.Porter N.Sager C.Short-Camilli
People who make your life Hell	Lois Grant
Skillstreaming in the Early Years	E.McGinnis A.Goldstein
Emotional Intelligence	Daniel Goleman
Destructive emotions	Daniel Goleman
Sustainable Leadership	Andy Hargreaves Dean Fink
The Fourth Way	Andy Hargreaves Dennis Shirley
Friendly Classrooms Friendly Kids	H.McGrath T.Noble
Same Classroom Different Kids	“ “
You can heal your life	Louise Hay
Embracing Uncertainty	Susan Jeffers
End the struggle and dance with life	“ “Adagio
Your Drugs or Your Life	Ruby Johnson
Teaching T'ai Chi Effectively	Paul Lam
The Tao of Coaching	Max Landsberg
Fish Sticks	Steghen Lundin, John Christensen, Harry Paul
Secret of the Peaceful Warrior (Childrens' book)	Dan Millman
Everyday Enlightenment	Dan Millman
Educating Young Children with Additional Needs	Louise Porter
Making a discipline Plan	Bill Rogers
You know the fair rule	Bill Rogers
Decisive Discipline (Video Pack)	Bill Rogers
Fierce Conversations	Susan Scott
Presence	Senge, Scharmer, Jaworski, Flowers
The Optimistic Child	Martin Seligman
Authentic Happiness	Martin Seligman
The Art of Happiness - A Handbook for living	The Delai Lama and Howard Cutler
The Power of Now	Eckhardt Tolle
Calm for life	Paul Wilson
First Steps to Chi Kung	Master K.Y. Wong
Rock and Water	Freerk Ykema
Bringing It Together	F.Ykema D.Hartman W.Imms

Some of the games in the program have been adapted from other sources, some I cannot find as I have been using the games for many years. Thanks to everyone who shares great activities for teachers to use. Keep building on these.